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POLE DANCE /  
AERIAL SILKS  
PARTIES



Our facilities have a large space of 140mtrs<sup>2</sup>, with 10 poles, 3 aerial silks , reception and changing rooms.

We offer various options, in all of them the bride / birthday girl will be the protagonist and the friends will accompany her in this magical event. The group can bring their own music.

We carry out these special classes on Friday nights, Saturdays and Sundays all day, if you want to do the other day do not hesitate to check availability with us.

**Champagne bottle is included.**

## CELEBRATE THE BEST BACHELORETTE OR BIRTHDAY PARTY IN BARCELONA, WITH POLE DANCE AND / OR AERIAL SILKS

## REVIEWS



**Nayara L:** The treatment was very incredible and the teacher was magnificent. We would repeat without a doubt.

**Christina K:** We were 5 English speaking girls on hen party and it was absolutely fantastic! We had a great instructor, she made it fun and choreographed with us. Super!

**Vanessa R:** Very fun class! I had an amazing time with my friends. The bride loved it!





## MORE OPTIONS, MORE FUN:

CLASSES TYPES

### SEXY POLE QUEENS:

It is a very fun and feminine class, the most ideal activity for an unforgettable bachelorette or birthday party. Bring out your sexiest side! We will start with a very sensual warm-up, then we will create a choreography using the pole. At the end of the class we give a few minutes to make videos of the group and / or of the bride dancing for us. Must bring: Heels, shorts and sleeveless shirt.

### POLE SPORT QUEENS:

A dynamic class with more elements on pole. Ideal if you want to try the sportiest part of the pole dance. We started with a complete warm-up and continued with a class for initiation level, with figure, spins and climbing the pole. At the end of the class we will do a small combination of the learned figures. Can take photos and videos. Must bring: Shorts (mandatory) and sleeveless shirt.

### FLY ON THE AERIAL SILKS:

A dynamic class with elements in aerial silks. Totally different activity with a lot of acrobatics. It will start with a complete warm-up and then we proceed to go up on the silk and make figures in the air. At the end of the class we will do a small combination of the learned figures. This class is only available in 90mins long.

Must bring: Leggings (mandatory) and a T-shirt.

### WE WANT IT ALL:

**The** perfect combination of both activities pole dance and aerial silks. It will start with a full warm-up and then learn basic pole figures and basic aerial silks movements! This class is only available in 90mins long.

Must bring: sportswear, sleeveless shirt, shorts and leggings (both mandatory).

# PRICES AND TERMS:

## Value per class:

**60min class: € 153** (recommended for groups of less than 10 people)

**90min class: € 183** (recommended for groups of more than 10 people)

The date / time reservation is made with 50% of the cost and the remaining 50% on the day of the class.

We recommend that you make your reservation in advance since we have seasons of high demand, if there is availability, the latest you can book is 48 hours before the class.

You can make the reservation directly on our website:

<https://www.poledancebcn.com/EN/depespedidas/>

## Cancellation Policies:

Refund will be made if you cancel more than 30 days in advance.

**No refunds will be made if you cancel with less than 30 days.**

**IMPORTANT: Be on time, if the group arrive late the class will finish at the time was booked. The payment of the class have to be made in 100%**



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